

GOVERNMENT OF MANIPUR
DIRECTORATE OF UNIVERSITY & HIGHER EDUCATION

C I R C U L A R

Imphal, the 3rd November, 2025

Subject: Guidelines to be followed by all educational institutions viz. Colleges, Universities, training centres, coaching institutes, residential academies and hostels, irrespective of their affiliation for students' mental well-being, protection norms, grievance redressal mechanisms, etc.

Reference: Hon'ble Supreme Court Judgement Order dated 25/07/2025 in Criminal Appeal No. 3177/2025 [Arising out of SLP (Cr)No.6378/2024].

DUHE-1/6/2025-DUHE-DU&HE: It is to circulate herewith an Orders **No. UHE-1/38/2025-HTE-DHTE** dated **22.10.2025** (**copy enclosed and uploaded in official website highereducationmanipur.gov.in**) issued by the Secretariat: Higher & Technical Education Department, Government of Manipur highlighting a detailed guidelines to be followed by all Higher Educational Institutions consisting of Colleges, Universities, training centres, coaching institutes, residential academies and hostels, irrespective of their affiliation regarding students' mental well-being, protection norms, grievance redressal mechanisms, etc.

2. Therefore, all concerned are hereby informed to implement the directives in their educational institutes.

Encl: As above.

(L. Radhakanta Singh)
Director of University & Hr. Education
Manipur

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No. DUHE-1/6/2025-DUHE-DU&HE:

Imphal, the 3rd November, 2025.

Copy to:

- 1) Secretary to Governor, Manipur.
- 2) Staff Officer to Chief Secretary, Government of Manipur.
- 3) Commissioner (Hr. & Tech), Government of Manipur.
- 4) Principals of Government/Aided/Private Colleges for necessary compliance.
- 5) Coaching centres imparting Higher studies/education for necessary compliance.
- 6) News Reader, All India Radio, Imphal.
- 7) News Editor, Poknapham /Sangai Express, Imphal for publication in their dailies.
- 8) Official website.
- 9) Notice Board.
- 10) Relevant file.

F/No.UHE-1/38/2025-HTE-DHTE
GOVERNMENT OF MANIPUR
SECRETARIAT: HIGHER & TECHNICAL EDUCATION DEPARTMENT

Imphal, the 22nd October, 2025

To

Rina Sonowal Kouli
Joint Secretary (Higher Education)
Ministry of Education
Government of India
Shastri Bhawan,
New Delhi-110001
E-mail: rinasonowal.edu@nic.in

Subject: Updated Action Taken Status on directions of the Hon'ble Supreme Court in its order dated 25/07/2025 in Criminal Appeal No.3177/2025 [Arising out of the SLP (Crl) No. 6378/2024]

Madam,

With respect to information on Action Taken Status as sought by Secretary, Ministry of Education, Department of Higher Education vide DO letter no. 5-21/2025-PN.II dated 3.10.2025 and instructions received from Secretary, Department of School Education during video conferencing today, regarding various directions of the Hon'ble Supreme Court in its order dated 25/07/2025 in Criminal Appeal No.3177/2025 [Arising out of the SLP (Crl) No. 6378/2024], I am directed to submit the following compliance status:

1. State Government has issued directions to educational institutions vide no. dated for immediate compliance of guidelines prescribed by Hon'ble SC at IV, V, VIII, IX, X, XI, XII, XIII, XIV of para 35 of the judgement. (Copy enclosed as **Annexure A**)
2. Steps will be initiated by Director (School Education) and Director (Higher & Technical Education) on other guidelines of the Hon'ble Supreme Court. (Copy enclosed as **Annexure A**)
3. District Level Monitoring Committees have been constituted in all districts, in compliance of order at para 38 of the judgement order. (Copy enclosed as **Annexure B**)
4. The State Government has already enacted the Manipur Coaching Institute (Control & Regulations) Rules, 2022. The act contains provision for mandatory registration of coaching institutes and obligates these institutes for taking care for physical and mental well-being of students, and for conducting classes without putting undue pressure of examination on students. The act further stipulates that, wherever possible, students shall be counselled to reduce psychological pressures. The act is being examined to assess need for further amendments in the light of the Hon'ble Supreme Court's orders so as to address the related issues comprehensively. (Copy of the act enclosed as **Annexure C**)

This is for your kind information and further necessary action.

Enclosed: As stated above

Yours faithfully,



(Dr. David Elangbam)
Joint Secretary (Hr. & Tech. Edn.)
Government of Manipur

Copy to:

1. PS to the Commissioner (Hr. & Tech. Edn.) Government of Manipur
2. Directors (School Education)/(University & Higher Education, Manipur
3. Office file.

GOVERNMENT OF MANIPUR
SECRETARIAT: HIGHER & TECHNICAL EDUCATION DEPARTMENT

ORDERS

Imphal, the 22nd October, 2025

No.UHE-1/38/2025-HTE-DHTE: The Hon'ble Supreme Court, in exercise of powers conferred thereupon under Article 32 of the Constitution of India, has prescribed guidelines to be followed by all educational institutions across the country, including public and private schools, colleges, universities, training centres, coaching institutes, residential academies and hostels, irrespective of their affiliation, for students' mental well-being, protection norms, grievance redressal mechanisms, etc., as recorded at para 35 of the Judgement Order dated 25/07/2025 in Criminal Appeal No.3177/2025 [Arising out of the SLP (CrI) No. 6378/2024].

2. As per the said order, the guidelines (pronouncements) have been treated as law declared by the Court under Article 141 and shall remain in force and be binding until such time as appropriate legislation or regulatory frameworks are enacted by the competent authority.

3. The guidelines so prescribed are reproduced below:

"

- I. All the educational institutions shall adopt and implement a uniform mental health policy, drawing cues from the UMMEED Draft Guidelines, the MANODARPAN initiative, and the National Suicide Prevention Strategy. This policy shall be reviewed and updated annually and made publicly accessible on institutional websites and notice boards of the institutes.*
- II. All educational institutions with 100 or more enrolled students shall appoint/engage at least one qualified counsellor, psychologist, or social worker with demonstrable training in child and adolescent mental health. Institutions with fewer students shall establish formal referral linkages with external mental health professionals.*
- III. All educational institutions shall ensure optimal student-to-counsellor ratios. Dedicated mentors or counsellors shall be assigned to smaller batches of students, especially during examination periods and academic transitions, to provide consistent informal, and confidential support.*
- IV. All educational institutions, more particularly the coaching institutes/centres, shall as far as possible, refrain from engaging in batch segregation based on academic performance, public shaming, or assignment of academic targets disproportionate to students' capabilities.*
- V. All educational institutions shall establish written protocols for immediate referral to mental health services, local hospitals, and suicide prevention*

[Signature]

helplines. Suicide helpline numbers, including Tele-MANAS and other national services, shall be prominently displayed in hostels, classrooms, common areas, and on websites in large and legible print.

- VI. All teaching and non-teaching staff shall undergo mandatory training at least twice a year, conducted by the certified mental health professionals, on psychological first-aid, identification of warning signs, response to self-harm, and referral mechanisms.*
- VII. All educational institutions shall ensure that all teaching, non-teaching, and administrative staff are adequately trained to engage with students from vulnerable and marginalised backgrounds in a sensitive, inclusive, and non-discriminatory manner. This shall include, but not be limited to, students belonging to Scheduled Castes (SC) and Scheduled Tribes (ST), Other Backward Classes (BOBC), Economically Weaker Sections (EWS), LGBTQ+ communities, students with disabilities, those in out-of-home care, and students affected by bereavement, trauma, or prior suicide attempts, or intersecting form of marginalisation.*
- VIII. All educational institutions shall establish robust, confidential, and accessible mechanisms for the reporting, redressal, and prevention of incidents involving sexual assault, harassment, ragging, and bullying on the basis of caste, class, gender, sexual orientation, disability, religion, or ethnicity. Every such institutions shall constitute an internal committee or designated authority empowered to take immediate action on complaints and provide psycho-social support to victims. Institutions shall also maintain zero tolerance for retaliatory actions against complainants or whistle-blowers. In all such cases, immediate referral to trained mental health professionals must be ensured, and the students' safety, physical and psychological, shall be prioritised. Failure to make timely or adequate action in such cases, especially where such neglect contributes to a student's self-harm or suicide, shall be treated as institutional culpability, making the administration liable to regulatory and legal consequences.*
- IX. All educational institutions shall regularly organise sensitisation programmes (Physical and /or online) for parents and guardians on student mental health. It shall be duty of the institution to sensitise the parents and guardians to avoid placing undue academic pressure, to recognise signs of psychological distress, and to respond empathetically and supportively. Further, mental health literacy, emotional regulation, life skills education, and awareness of institutional support services shall be integrated into student orientation programmes and co-curricular activities.*
- X. All educational institutions shall maintain anonymised records and prepare an annual report indicating the number of wellness interventions, student referrals, training sessions, and mental health-related activities. This report shall be submitted to the relevant regulatory authority, which may be the State*

Education Department, University Grants Commission (UGC), All India Council for Technical Education (AICTE), Central Board of Secondary Education (CBSE), or as otherwise indicated.

- XI. *All educational institutions shall prioritise extra-curricular activities, indicating sports, arts, and personality development initiatives. Examinations patterns shall be periodically reviewed to reduce academic burden and to cultivate a broader sense of identity among students beyond test scores and ranks.*
- XII. *All educational institutions, including coaching centres and training institutes, shall provide regular, structured career counselling services for students and their parents or guardians. These sessions shall be conducted by qualified counsellors and shall aim to reduce unrealistic pressure, promote awareness of diverse academic and professional pathways, and assist students in making informed and interest-based career decisions. Institutions shall ensure that such counselling is inclusive, sensitive to socio-economic and psychological contexts, and does not reinforce narrow definitions of merit or success.*
- XIII. *All residential-based educational institutions, including hostel owners, wardens and caretakers, shall take proactive steps to ensure that campuses remain free from harassment, bullying, drugs, and other harmful substances, hereby ensuring a safe and healthy living and learning environment for all students.*
- XIV. *All residential-based institutions shall install tamper-proof ceiling fans or equivalent safety devices, and shall restrict access to rooftops, balconies, and other high-risk areas, in order to deter impulsive acts of self-harm.*
- XV. *All coaching hubs, including but not limited to Jaipur, Kota, Sikar, Chennai, Hyderabad, Delhi, Mumbai, and other cities where students migrate in large numbers for competitive examination preparation, shall implement heightened mental health protections and preventive measures. These regions, having witnessed disproportionately high incidents of student suicides, require special attention. The concerned authorities, namely, the Department of Education, District Administration, and management of educational institutions, shall ensure the provision of regular career counselling for students and parents, regulation of academic pressure through structured academic planning, availability of continuous psychological support, and the establishment of institutional mechanisms for monitoring and accountability to safeguard student mental well-being."*

4. With a view to implement these guidelines, in the first phase, the following instructions are issued for compliance by all concerned:

4.1 All educational institutions, more particularly the coaching institutes/centres, shall as far as possible, refrain from engaging in batch segregation based on academic performance, public shaming, or assignment of academic targets disproportionate to students' capabilities. (guideline no. IV above)

4.2 All educational institutions shall prominently display suicide helpline numbers, including Tele-MANAS and other national services, in hostels, classrooms, common areas, and on websites in large and legible print. Director (Education – Schools), Director (Higher Education) and Controller (Technical Education) shall compile and circulate these helpline numbers for the purpose. (guideline no. V above)

4.3 All educational institutions shall establish robust, confidential, and accessible mechanisms for the reporting, redressal, and prevention of incidents involving sexual assault, harassment, ragging, and bullying on the basis of caste, class, gender, sexual orientation, disability, religion, or ethnicity. Every such institution shall constitute an internal committee or designated authority empowered to take immediate action on complaints and provide psycho-social support to victims. Institutions shall also maintain zero tolerance for retaliatory actions against complainants or whistle-blowers. In all such cases, immediate referral to trained mental health professionals must be ensured, and the students' safety, physical and psychological, shall be prioritised. Failure to make timely or adequate action in such cases, especially where such neglect contributes to a student's self-harm or suicide, shall be treated as institutional culpability, making the administration liable to regulatory and legal consequences. For the above purpose, Director (Education – Schools), Director (University & Higher Education) and Controller (Technical Education) shall obtain district wise information on trained mental health professionals in the State and circulate the same for guidance of all concerned. (guideline no. VIII above)

4.4 All educational institutions shall regularly organise sensitisation programmes (physical and / or online) for parents and guardians on student mental health. It shall be duty of the institution to sensitise the parents and guardians to avoid placing undue academic pressure, to recognise signs of psychological distress, and to respond empathetically and supportively. For this purpose, the district wise information on trained mental health professionals in the State may be used for identifying trained personnel for the sensitization programmes. Director (Education – Schools), Director (University & Higher Education) and Controller (Technical Education) shall also coordinate with State Health Department for sensitizing stakeholders in the education sector on recognition and response. (guideline no. IX above).

4.5 All educational institutions shall maintain anonymised records and prepare an annual report indicating the number of wellness interventions, student referrals, training sessions, and mental health-related activities. This report shall be submitted to the Director (Education – Schools) through the Zonal Education Officers, or the Director (University & Higher Education) or the Controller (Technical Education), as the case may be. (guideline no. X above)

4.6 All educational institutions shall prioritise extra-curricular activities, indicating sports, arts, and personality development initiatives. Examinations patterns shall be periodically reviewed to reduce academic burden and to cultivate a broader sense of

identity among students beyond test scores and ranks. Director (Education – Schools) shall also take up the matter with BOSEM and COHSEM regarding review of examination patterns (guideline no. XI above)

4.7 All educational institutions, including coaching centres and training institutes, shall provide regular, structured career counselling services for students and their parents or guardians. These sessions shall be conducted by qualified counsellors and shall aim to reduce unrealistic pressure, promote awareness of diverse academic and professional pathways, and assist students in making informed and interest-based career decisions. Institutions shall ensure that such counselling is inclusive, sensitive to socio-economic and psychological contexts, and does not reinforce narrow definitions of merit or success. (guideline no. XII above)

4.8 All residential-based educational institutions, including hostel owners, wardens and caretakers, shall take proactive steps to ensure that campuses remain free from harassment, bullying, drugs, and other harmful substances, hereby ensuring a safe and healthy living and learning environment for all students. (guideline no. XIII above)

4.9 All residential-based institutions shall install tamper-proof ceiling fans or equivalent safety devices, and shall restrict access to rooftops, balconies, and other high-risk areas, in order to deter impulsive acts of self-harm. (guideline no. XIV above)

5. Further, the Director (Education – Schools) and the Director (University & Higher Education) shall initiate steps on the following guidelines issued by the Hon'ble Supreme Court:

5.1 Guideline no. I: Drafting of a uniform mental health policy in consultation with State Health department.

5.2 Guideline no. II: Assessment of adequacy of counsellor, psychologist, or social worker with demonstrable training in child and adolescent mental health for linking with educational institutions on basis of appointment / engagement / empanelment, etc. and based on optimal student-to-counsellor ratios.

5.3 Guideline no. III: Assess optimal student-to-counsellor ratios.

5.4 Guideline no. V: Design protocol / SOP for immediate referral to mental health services, local hospitals, and suicide prevention helplines, in consultation with State Health Department.

5.5 Guideline no. VI & VII: Design, in consultation with State Health Department, content for training of teaching and non-teaching staff on:

5.5.1 Psychological first-aid, identification of warning signs, response to self-harm, and referral mechanisms.

5.5.2 Engaging with students from vulnerable and marginalised backgrounds in a sensitive, inclusive, and non-discriminatory manner. This shall cover students belonging to Scheduled Castes (SC) and Scheduled Tribes (ST), Other Backward Classes (OBC), Economically Weaker Sections (EWS), LGBTQ+ communities, students with disabilities, those in out-of-home care, and students affected by bereavement, trauma, or prior suicide attempts, or intersecting form of marginalisation.

5.6 Guideline no. IX: Design programmes and content for mental health literacy, emotional regulation, life skills education, and awareness of institutional support services to be integrated into student orientation programmes and co-curricular activities, in consultation with State Health Department and SCERT.

6. Wherever considered required, the Directorates may also design SOPs / norms so that there is uniformity in implementation with respect to instructions at para 4 above.

7. This order has been issued with concurrence of the State Department of Education (Schools) and shall be applicable to all educational institutions in the school education sector and higher & technical education sector, including public and private schools, colleges, universities, training centres, coaching institutes, residential academies and hostels.

8. These instructions are issued for immediate compliance and until further orders.

By orders and in the name of the Governor of Manipur,


22.10.2015

(Ningthoujam Geoffrey)
Commissioner & Secretary
(Higher & Technical Education / Education - Schools)
Government of Manipur

Copy to:

1. Secretary to Governor, Manipur
2. Staff Officer to Chief Secretary, Government of Manipur
3. PS to Commissioner & Secretary (Education – Schools / Health & Family Welfare), Government of Manipur
4. Director (University & Higher Education), Manipur – he is requested to circulate to all educational institutions, including coaching centres, in the university & higher education sector.

5. Director (Education-Schools), Manipur – he is requested to circulate to all educational institutions, including coaching centres, in the school education sector.
6. Director (Health), Manipur
7. Director, RIMS / JNIMS / MIT / NIT / IGNTU Regional Campus, Manipur
8. Registrars, Manipur University/Dhanamanjuri University/Manipur Technical University
9. Registrar, Central Agricultural University, Manipur
10. All Deputy Commissioners, Manipur
11. Registrar, IIIT, Senapati, Manipur
12. Joint Secretary (HTE / Education – Schools), Government of Manipur
13. Controller of Technical Education, Manipur - he is requested to circulate to all Government Polytechnics in the State.
14. Office file.



(Dr. David Elangbam)
Joint Secretary (Hr. & Tech. Edn.)
Government of Manipur

GOVERNMENT OF MANIPUR
SECRETARIAT: HIGHER & TECHNICAL EDUCATION DEPARTMENT

ORDERS

Imphal, the 22nd October, 2025

No.UHE-1/38/2025-HTE-DHTE: In compliance of orders of the Hon'ble Supreme Court recorded at para 38 of the Judgement Order dated 25/07/2025 in Criminal Appeal No.3177/2025 [Arising out of the SLP (Crl) No. 6378/2024], a District Level Monitoring Committee is hereby constituted for each district in the State with the following composition, with immediate effect and until further orders:

Sl. no.	Members	Position in Committee
1	Deputy Commissioner concerned	Chairperson
2	Superintendent of Police concerned	Member
3	Additional District Magistrate concerned	Member Secretary
4	Zonal Education Officer concerned	Member
5	Chief Medical Officer concerned	Member
6	District Nodal Officer concerned, District Mental Health Program	Member
7	Program Officer concerned, ICPS	Member
8	Representatives of at most two (2) NGOs, working preferably in the field of mental health, to be nominated by the Deputy Commissioner concerned	Members
9	At most two (2) representatives of Director (University & Higher Education) to be nominated by the Director (UHE)	Member

2. The Chairperson of the Committee may invite other experts for participation in deliberations of the Committee. The quorum for conducting meetings of the Committee shall be as decided by the Chairperson.

3. The Terms of Reference of the Committee are as follows:

3.1 Oversee implementation of guidelines and instructions issued by the Hon'ble Supreme Court on the subject matter and such other related instructions issued by competent authorities from time to time on the subject;

3.2 Conduct inspections; and

3.3 Receive complaints.

4. This order has been issued with concurrence of the Department of Education (Schools) and jurisdiction of the above Committee shall extend to educational institutions in the school education sector and higher & technical education sector,

[Signature]

including public and private schools, colleges, universities, training centres, coaching institutes, residential academies and hostels.

By orders, etc.


22.10.2016

(Ningthoujam Geoffrey)
Commissioner & Secretary
(Education – Schools, Higher & Technical Education)
Government of Manipur

Copy to:

1. Secretary to Governor, Manipur
2. Staff Officer to Chief Secretary, Government of Manipur
3. PS to Commissioner & Secretary (Education – Schools / Health & Family Welfare), Government of Manipur
4. Director (University & Higher Education), Manipur – he is requested to circulate to all colleges, universities, etc.
5. Director (Education – Schools), Manipur – he is requested to circulate to all ZEOs.
6. All Deputy Commissioners, Manipur – he/she is requested to circulate to all members in the Committee.
7. Controller of Technical Education, Manipur
8. Office file.